

Table 105-0422¹

Self-rated health, by age group and sex, household population aged 12 and over, Canada, provinces, territories, health regions (June 2005 boundaries) and peer groups, every 2 years

Survey or program details:

Canadian Community Health Survey - [3226](#)

Geography^{2,3}=Nunavut [62]

Age group	Sex	Self-rated health ¹⁰	Characteristics ^{11,12,13,14}	2005
Total, 12 years and over	Both sexes	Total population for the variable self-rated health	Number of persons	14,948
			Percent	100.0
		Very good or excellent self-rated health	Number of persons	7,465
			Percent	49.9
		Excellent self-rated health	Number of persons	3,311
			Percent	22.2
		Very good self-rated health	Number of persons	4,154
			Percent	27.8
		Good self-rated health	Number of persons	5,769
			Percent	38.6
		Fair or poor self-rated health	Number of persons	1,662
			Percent	11.1
		Self-rated health, not stated	Number of persons	F
			Percent	F
	Males	Total population for the variable self-rated health	Number of persons	7,627
			Percent	100.0
		Very good or excellent self-rated health	Number of persons	3,783
			Percent	49.6
		Excellent self-rated health	Number of persons	1,534
			Percent	20.1
		Very good self-rated health	Number of persons	2,249 ^E
			Percent	29.5 ^E
		Good self-rated health	Number of persons	2,952
			Percent	38.7
		Fair or poor self-rated health	Number of persons	840 ^E
			Percent	11.0 ^E
		Self-rated health, not stated	Number of persons	F
			Percent	F
	Females	Total population for the variable self-rated health	Number of persons	7,321
			Percent	100.0
		Very good or excellent self-rated health	Number of persons	3,682
			Percent	50.3
		Excellent self-rated health	Number of persons	1,777
			Percent	24.3
		Very good self-rated health	Number of persons	1,905
			Percent	26.0
		Good self-rated health	Number of persons	2,817
			Percent	38.5
		Fair or poor self-rated health	Number of persons	822 ^E
			Percent	11.2 ^E
		Self-rated health, not stated	Number of persons	F
			Percent	F

12 to 19 years	Both sexes	Total population for the variable self-rated health	Number of persons	3,321
			Percent	100.0
		Very good or excellent self-rated health	Number of persons	1,479
			Percent	44.5
		Excellent self-rated health	Number of persons	684 ^E
			Percent	20.6 ^E
		Very good self-rated health	Number of persons	794 ^E
			Percent	23.9 ^E
		Good self-rated health	Number of persons	1,548
			Percent	46.6
		Fair or poor self-rated health	Number of persons	243 ^E
			Percent	7.3 ^E
		Self-rated health, not stated	Number of persons	F
			Percent	F
	Males	Total population for the variable self-rated health	Number of persons	1,683
			Percent	100.0
		Very good or excellent self-rated health	Number of persons	794 ^E
			Percent	47.2 ^E
		Excellent self-rated health	Number of persons	344 ^E
			Percent	20.4 ^E
		Very good self-rated health	Number of persons	450 ^E
			Percent	26.8 ^E
		Good self-rated health	Number of persons	772 ^E
			Percent	45.9 ^E
		Fair or poor self-rated health	Number of persons	F
			Percent	F
		Self-rated health, not stated	Number of persons	F
			Percent	F
	Females	Total population for the variable self-rated health	Number of persons	1,638
			Percent	100.0
		Very good or excellent self-rated health	Number of persons	684
			Percent	41.8
		Excellent self-rated health	Number of persons	340 ^E
			Percent	20.8 ^E
		Very good self-rated health	Number of persons	344 ^E
			Percent	21.0 ^E
		Good self-rated health	Number of persons	775
			Percent	47.3
		Fair or poor self-rated health	Number of persons	F
			Percent	F
		Self-rated health, not stated	Number of persons	F
			Percent	F
	Both sexes	Total population for the variable self-rated health	Number of persons	5,278
			Percent	100.0
		Very good or excellent self-rated health	Number of persons	2,882
			Percent	54.6
		Excellent self-rated health	Number of persons	1,293 ^E
			Percent	24.5
		Very good self-rated health	Number of persons	1,589
			Percent	30.1
		Good self-rated health	Number of persons	1,905
			Percent	36.1
		Fair or poor self-rated health	Number of persons	490 ^E

20 to 34 years			Percent	9.3 ^E
		Self-rated health, not stated	Number of persons	F
			Percent	F
	Males	Total population for the variable self-rated health	Number of persons	2,730
			Percent	100.0
		Very good or excellent self-rated health	Number of persons	1,557
			Percent	57.0
		Excellent self-rated health	Number of persons	736 ^E
			Percent	27.0 ^E
		Very good self-rated health	Number of persons	821 ^E
			Percent	30.1 ^E
		Good self-rated health	Number of persons	943
			Percent	34.5
		Fair or poor self-rated health	Number of persons	F
			Percent	8.4 ^E
		Self-rated health, not stated	Number of persons	F
			Percent	F
	Females	Total population for the variable self-rated health	Number of persons	2,548
			Percent	100.0
		Very good or excellent self-rated health	Number of persons	1,325
			Percent	52.0
		Excellent self-rated health	Number of persons	557 ^E
			Percent	21.9 ^E
		Very good self-rated health	Number of persons	768
			Percent	30.2
		Good self-rated health	Number of persons	963
			Percent	37.8
35 to 44 years	Both sexes	Total population for the variable self-rated health	Number of persons	2,900
			Percent	100.0
		Very good or excellent self-rated health	Number of persons	1,586
			Percent	54.7
		Excellent self-rated health	Number of persons	757 ^E
			Percent	26.1 ^E
		Very good self-rated health	Number of persons	829 ^E
			Percent	28.6 ^E
		Good self-rated health	Number of persons	933 ^E
			Percent	32.2 ^E
		Fair or poor self-rated health	Number of persons	F
			Percent	F
		Self-rated health, not stated	Number of persons	F
			Percent	F
	Males	Total population for the variable self-rated health	Number of persons	1,433
			Percent	100.0
		Very good or excellent self-rated health	Number of persons	862
			Percent	60.2
		Excellent self-rated health	Number of persons	349 ^E
			Percent	24.3 ^E
		Very good self-rated health	Number of persons	514 ^E
			Percent	35.8 ^E

		Good self-rated health	Number of persons	375 ^E
			Percent	26.2 ^E
		Fair or poor self-rated health	Number of persons	195 ^E
			Percent	13.6 ^E
		Self-rated health, not stated	Number of persons	F
			Percent	F
	Females	Total population for the variable self-rated health	Number of persons	1,467
			Percent	100.0
		Very good or excellent self-rated health	Number of persons	723 ^E
			Percent	49.3 ^E
		Excellent self-rated health	Number of persons	408 ^E
			Percent	27.8 ^E
		Very good self-rated health	Number of persons	F
			Percent	F
		Good self-rated health	Number of persons	558 ^E
			Percent	38.0 ^E
		Fair or poor self-rated health	Number of persons	F
			Percent	F
		Self-rated health, not stated	Number of persons	F
			Percent	F
45 to 64 years	Both sexes	Total population for the variable self-rated health	Number of persons	2,931
			Percent	100.0
		Very good or excellent self-rated health	Number of persons	1,446
			Percent	49.3
		Excellent self-rated health	Number of persons	573 ^E
			Percent	19.6 ^E
		Very good self-rated health	Number of persons	872 ^E
			Percent	29.8 ^E
		Good self-rated health	Number of persons	1,201
			Percent	41.0
		Fair or poor self-rated health	Number of persons	F
			Percent	F
		Self-rated health, not stated	Number of persons	F
			Percent	F
	Males	Total population for the variable self-rated health	Number of persons	1,466
			Percent	100.0
		Very good or excellent self-rated health	Number of persons	508 ^E
			Percent	34.6 ^E
		Excellent self-rated health	Number of persons	F
			Percent	F
		Very good self-rated health	Number of persons	407 ^E
			Percent	27.7 ^E
		Good self-rated health	Number of persons	794
			Percent	54.2
		Fair or poor self-rated health	Number of persons	F
			Percent	F
		Self-rated health, not stated	Number of persons	F
			Percent	F
		Total population for the variable self-rated health	Number of persons	1,465
			Percent	100.0
		Very good or excellent self-rated health	Number of persons	938
			Percent	64.0
		Excellent self-rated health	Number of persons	472 ^E

	Females		Percent	32.2 ^E
		Very good self-rated health	Number of persons	466 ^E
			Percent	31.8 ^E
		Good self-rated health	Number of persons	407 ^E
			Percent	27.8 ^E
		Fair or poor self-rated health	Number of persons	F
			Percent	F
		Self-rated health, not stated	Number of persons	F
			Percent	F
65 years and over	Both sexes	Total population for the variable self-rated health	Number of persons	519
			Percent	100.0
		Very good or excellent self-rated health	Number of persons	F
			Percent	F
		Excellent self-rated health	Number of persons	F
			Percent	F
		Very good self-rated health	Number of persons	F
			Percent	F
		Good self-rated health	Number of persons	F
			Percent	F
		Fair or poor self-rated health	Number of persons	263
			Percent	50.8
		Self-rated health, not stated	Number of persons	F
			Percent	F
	Males	Total population for the variable self-rated health	Number of persons	315
			Percent	100.0
		Very good or excellent self-rated health	Number of persons	F
			Percent	F
		Excellent self-rated health	Number of persons	F
			Percent	F
		Very good self-rated health	Number of persons	F
			Percent	F
		Good self-rated health	Number of persons	F
			Percent	F
		Fair or poor self-rated health	Number of persons	186
			Percent	59.2
		Self-rated health, not stated	Number of persons	F
			Percent	F
	Females	Total population for the variable self-rated health	Number of persons	204
			Percent	100.0
		Very good or excellent self-rated health	Number of persons	F
			Percent	F
		Excellent self-rated health	Number of persons	F
			Percent	F
		Very good self-rated health	Number of persons	F
			Percent	F
		Good self-rated health	Number of persons	F
			Percent	F
		Fair or poor self-rated health	Number of persons	F
			Percent	F
		Self-rated health, not stated	Number of persons	F
			Percent	F

Symbol legend:

^E Use with caution

^F Too unreliable to be published

Footnotes:

1. Source: Statistics Canada, Canadian Community Health Survey (CCHS 3.1), 2005. The CANSIM table 105-0422 is an update of CANSIM table 105-0222.
2. Health regions are defined by the provincial ministries of health. These are legislated administrative areas in all provinces. The health regions presented in this table are based on boundaries and names in effect as of June 2005. For complete Canadian coverage, each of the northern territories also represents a health region.
3. A "peer group" is a grouping of health regions that have similar social and economic characteristics. The nine peer groups are identified by the letters A through I, which are appended to the health region 4-digit code.
10. Population aged 12 and over who rate their own health status as being either excellent, very good, good, fair or poor. Self-rated health is an indicator of overall health status. It can reflect aspects of health not captured in other measures, such as incipient disease, disease severity, aspects of positive health status, physiological and psychological reserves and social and mental function.
11. When comparing estimates, it is important to use confidence intervals to determine if differences between values are statistically significant. Confidence intervals describe sampling variability and give an indication of the precision of a given estimate.
12. Bootstrapping techniques were used to produce the coefficient of variation (CV) and 95% confidence intervals (CIs).
13. Data with a coefficient of variation (CV) from 16.6% to 33.3% are identified as follows: (E) use with caution.
14. Data with a coefficient of variation (CV) greater than 33.3% were suppressed due to extreme sampling variability and are identified as follows: (F) too unreliable to be published.

Source: Statistics Canada. *Table 105-0422 - Self-rated health, by age group and sex, household population aged 12 and over, Canada, provinces, territories, health regions (June 2005 boundaries) and peer groups, every 2 years*, CANSIM (database).

<http://cansim2.statcan.ca/cgi-win/cnsmcgi.exe?>

[Lang=E&CANSIMFile=CII\CII_1_E.htm&RootDir=CII/](http://cansim2.statcan.ca/cgi-win/cnsmcgi.exe?Lang=E&CANSIMFile=CII\CII_1_E.htm&RootDir=CII/)

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